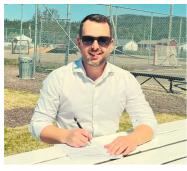




SUMMER RECREATION PROGRAM

MESSAGE FROM THE MAYOR



THE TOWN OF SPRINGDALE IS ONCE AGAIN, PROUD TO PRESENT TO OUR FINE YOUTH, AN EXTENSIVE LIST OF RECREATIONAL ACTIVITIES FOR THIS SUMMER. AS A TOWN, WE ARE FULLY AWARE OF THE IMPORTANCE OF BEING PHYSICALLY ACTIVE AND BEING INVOLVED IN LIFE LONG RECREATIONAL ACTIVITIES AND CONTINUE TO WORK TO PROVIDE EXCELLENCE IN OUR SUMMER PROGRAMS.

A HEALTHY, ACTIVE LIFESTYLE HELPS THE YOUTH DEVELOP BOTH MENTALLY AND PHYSICALLY AND WE ARE PROUD OF WHAT IS AVAILABLE TO THEM SO WE STRONGLY URGE EVERYONE TO PARTICIPATE.WE WOULD LIKE FOR ALL PARTICIPANTS TO HAVE AN ENJOYABLE, SAFE AND A FUN-FILLED SUMMER! WE ALSO WANT TO THANK OUR RECREATION DIRECTOR, SHAUNA HEWLETT AND THE RECREATION DEPARTMENT FOR THEIR WORK IN GETTING THE FACILITIES READY FOR THE SUMMER SEASON.

MAYOR ALEX GOUDIE

MESSAGE FROM THE RECREATION DIRECTOR



ON BEHALF OF THE TOWN OF SPRINGDALE, I AM PLEASED TO PRESENT THE 2023 EDITION OF THE SPRINGDALE SUMMER PROGRAM BOOKLET.

INSIDE YOU WILL FIND SUMMER PROGRAM REGISTRATION INFORMATION, FEE STRUCTURE, OUR PROGRAM SCHEDULE AND MUCH MORE ON OUR ACTIVITIES FOR THIS SUMMER.

YOU SHOULD NOTE THAT SOME OF THESE ACTIVITIES ARE TENTATIVELY SCHEDULED AND ARE SUBJECT TO CHANGE BASED ON ENROLLMENT.

THIS SUMMER SHOULD PROVE TO BE ANOTHER ENTERTAINING AND ENJOYABLE ONE FOR ALL AGES. THE RECREATION DEPARTMENT IS COMMITTED TO OFFERING QUALITY SERVICES & ACTIVITIES TO MEET EVERYONE'S NEEDS. RECREATION IS THE EXPERIENCE THAT RESULTS FREELY CHOSEN PARTICIPATION IN PHYSICAL, SOCIAL, INTELLECTUAL, CREATIVE AND SPIRITUAL PURSUITS THAT ENHANCE INDIVIDUAL AND COMMUNITY WELLBEING.

WE LOOK FORWARD TO SEEING YOU AT OUR ACTIVITIES AGAIN THIS SUMMER!

SHAUNA HEWLETT RECREATION DIRECTOR

SUMMER PROGRAM REGISTRATION

Summer Programming Registration is available both in person at the Town Office located at 151 Main Street or via the google form on the Town of Springdale Facebook Page located here:

https://www.facebook.com/people/Town-of-Springdale/100068887102808/

Registration for summer sports can be completed here: https://docs.google.com/forms/d/1_SsB53Ue1FWBR_3VvS2StmyFbChRFb5AiLC GIMRnSMo/edit

Payments can be made via cash, cheque, or via your online Town Tax Account. The registration fee for the summer programming is \$30.00. This fee entitles your child to play one or all sports. Select on your registration form the sports your child wishes to play.

<u>NOTE:</u> The Town of Springdale Department of Recreation reserves the right to change or alter any session at any time without prior notice. **Registration for swimming lessons will be limited to one, two week session per child.** Once all registrants are placed in one session, a second session can be offered.

Schedule for town sports will be released before July 1st, 2023. For more registration information please call 1-709-673-3439.



FEE STRUCTURE

Please note HST is included in the fees listed below.

Swimming Pool

Lessons:

Parent & Tot - \$30.00

Preschool & Swimmer Lessons - \$45.00

Adult Lessons - \$35.00

Public Swimming:

Weekly Pass - \$25.00

Youth - \$2.50 per session

Adult - \$3.50 per session

Senior (65+) - \$3.00 per session

Family (4) - \$8.00 per session

Aquafit - \$4.00 per session

Instructor's Course (Full) - \$200.00

Instructor's Course (Recert) - \$100.00

Private Rentals - \$70.00

Stadium Rental (Dry Floor) - \$75.00 per hour

Manuel Hall

Basic Rate - \$60.00 Private - \$168.00 Recreation Rate - \$15.00

George Huxter Memorial Park

Campsite Fee - \$35.00 per night

Building Rental - \$35.00 per day

Seasonal - \$1,500.00

Monthly Rate - \$700.00

Weekly Rate - \$225.00

Winter Storage - \$250.00

Dumping Fee - \$20.00

Campsite Holding Fee (non-refundable) - \$200.00



ACTIVITIES

1	T-BALL A great sport for boys and girls ages 5-8 years, introducing them to the basics of the game. Helps develop coordination, fundamental skills and a general knowledge of the game.
2	JUNIOR BALL HOCKEY Our Junior Ball Hockey program is for 5-8 year olds.
3	TENNIS Get into the swing of things this summer. Receive instructions on various techniques and rules. This program is open to children 8-16.
4	SOFTBALL Softball includes children ages 9-16. Participants will have the opportunity to develop fundamental skills and will have a chance to practice them in a game setting. There will be two divisions 13 & under and 16 and under.
5	BALL HOCKEY Ball hockey is for ages 9-16. Ball Hockey introduces children to the game, focusing on skill development allowing youth to apply these skills to the game. There will be two divisions 13 & under and 16 and under.
6	TENNIS Get into the swing of things this summer. Receive instructions on various techniques and rules. This program is open to children 8-16.
7	BASKETBALL Program will be offered for kids aged 9 - 16. There will be two divisions 13 & under and 16 and under.
8	MINOR SOCCER Players aged 18 and under are invited to play, beginning July 2th. A schedule will follow and is subject to change depending upon registration numbers. Join our facebook page "Springdale Minor Soccer" for updates See you on the pitch!
9	BALL HOCKEY LEAGUE





U13, U15, U19).



The Town of Springdale Ball Hockey League runs from Mid May – End of June each year and accepts children aged 5 – 18, there are six different divisions (U7, U9, U11,





ACTIVITIES CONT'D

WALKING TRAILS

The Indian River Walking Trail located on the banks of Indian River is a beautiful and scenic walk/hike through lush forest, bogs and plant life. This 6km trail starts at George Huxter Memorial Park and makes its way to the west end turnaround.

The trail can be divided up into sections with entrances at the west end, Riverwood and the George Huxter Park. This trail is a must see for the entire family and can be used not only for exercise but for educational opportunities for children. See salmon as they travel up stream or watch eagles, beavers and ducks as they play at the trails edge.

Come experience nature at its best...you won't be disappointed.

PLAYGROUNDS

The Town of Springdale operates three playgrounds, the Lion Ford Rolfe Memorial Playground on Recreation Road, the Kinsmen Kevin Rideout Memorial Playground along Main Street in the town's East End and another near Indian River Academy. The playgrounds contain a variety of equipment intended to provide fun and safe activity for young children. **NOTE**: These playgrounds are not supervised.

GEORGE HUXTER MEMORIAL PARK

The park is situated along the banks of Indian River and offers excellent sports salmon fishing. For more information call 673–3808 in season.

PUBLIC LIBRARY

Summer hours are Tuesday, Wednesday, and Thursday 1:00pm - 5:00pm and 6:30pm - 8:00pm. Saturday hours are 1:00pm - 5:00pm. For more information about programs call 673-4169.

SKATEBOARD PARK

Come enjoy our skateboard park! Our skateboard park has the rules and regulations posted at the court. We kindly ask that all residents using the Park for various activities to be considerate of all participants.

CANADA DAY

We will be celebrating Canada Day on Saturday, July 1st. Activities will be at the George Huxter Park, with food, games, entertainment and a large fireworks display to be held on Recreation Road to top off the day. More details to follow. Make sure you come out and enjoy the festivities!

DOG PARK

Located behind the Department of Transportation Heli-pad on Little Bay Road, the dog park features a double fenced entry point, play features, seating area and ample parking. Pet Owners are encouraged to make use of this safe, off-leash facility at their leisure.

GEORGE HUXTER GREEN SPACE

Located at George Huxter Memorial RV Park is a beautiful open green space. Perfect place to relax and take in the sun, or have a picnic with the family in the summer time. There is also a communal fire pit that families can enjoy.

COMMUNITY PROGRAMMING

TRAINING WHEELS FAMILY RESOURCE CENTRE

Home for a visit? Want something exciting and different to do with the kids? Come to Training Wheels, we offer a variety of fun programs for families with children O-6 years of age! We have 3 day camps almost every week for the summer. If you can't commit to all 3 days, there are other programs to suit your time schedule. We also have an age appropriate playground for your little ones when you come to play. Please note that older siblings are welcome. ALL PROGRAMS ARE FREE!

Don't miss out on some super fun this summer. You can drop by our location at the old college building at 83 Little Bay Road or request to join our Facebook page to get a copy of our summer calendar. You can also email trainingwheels_frc@nf.aibn.com or call us at (709) 673-3984.

ICECAP CENTRE

The ICECAP Centre (I.C. Everyone Communicating and Participating) is a place where youth ages 12 – 18 can come to interact with their peers. A few of the many things offered to them are basketball and beach volley ball courts, pool table and table tennis, computers with WiFi access, weight room/fitness area. We offer many programs all year and special programs and activities during the summer.

The Green Bay Community Youth Network's mission is to enhance youth's opportunities for participation in social and economic development by focusing on Learning, Employment, Community Capacity Building, Supportive Services & Recreation.

We are looking forward to a great, fun filled summer and invite all youth to come out and have a great time. For any questions concerns or comments feel free to call us at 673-3755.

BLUE FINS SWIM CLUB

Join our Facebook page "Springdale Bluefins Swimteam" to get updated information.

Note: Remember all swimmers and parents, for insurance purposes, children cannot enter the pool, until they are registered with the club and given permission by their coaches or swim coordinators to do so. All new swimmers wishing to join the Bluefins Swim Club must demonstrate their ability to swim safely and unaided across the width of the pool. The club reserves the right to refuse any prospective members who cannot accomplish this task.

Throughout the summer there are several Saturday swim meets planned, culminating with the provincial meet in Gander. We look forward to another enjoyable swim season. See you at the pool!

LIFE UNLIMITED FOR OLDER ADULTS

LUFOA is an organization which aims to engage older adults in planning and promoting social, recreational and educational activities to encourage healthy living. Older adults are people who range in age from 50 to 100! We partner with many different organizations within the town to offer a vast array of activities including fitness, tea and talk socials, workshops, information sessions, painting sessions, coloring and movie afternoons. Please call Sharon at 709–673–2777 / 709–668–2222. Check out our Facebook page – Life Unlimited For Older Adults!!

AQUATIC ACTIVITIES

FAMILY SWIM

Open to families only, adults or children cannot attend alone. Adults must be accompanied by husband/wife or children. Children must be accompanied by a family member 16 or older.

7 ADULT SWIM

18 years and older

PUBLIC SWIM
Open to the general public.

AQUA FITNESS
18 years and older

BIRTHDAY PARTIES

Celebrate your summer with a pool party, economical, safe, and a great way to beat the summer heat. Call 673-4636 for details.



AQUATICS CONTINUED

Please note: We are changing our swim lesson program from the Red Cross to the Royal Lifesaving Society as a result some lessons may be changed. More information will become available before registration.

LESSONS

Lifesaving Society Parent & Tot (up to 3 years of age): Spend quality time with your child while you both have fun and learn and socialize. Through structured in-water interaction between parent and child, we stress the importance of play in developing water-positive attitudes and skills.

Lifesaving Society Preschool (4–5 years): In our basic aquatic progressions we work to ensure 3 to 5-year old's become comfortable in the water and have fun acquiring and developing a foundation of water skills.

Lifesaving Society Swimmer (5 years and up): Swimmer progressions accommodate children 5 years and older including absolute beginners as well as swimmers who want to build on the basics.

Lifesaving Society Adult (16 and up): Whether you're just starting out or just want help with your strokes, our Adult Program is for the young at heart – no matter what your age. Set your own goals. Work with certified instructors to learn to swim, or improve your current swimming ability and water fitness. You won't be going to the Olympics, but you'll develop water confidence and smooth recognizable strokes good enough for lane swimming and fit enough for the beach.

LIFESAVING I - III

Bronze Medallion/Senior Resuscitation

This course teaches how to respond to complex water rescue situations. Bronze Medallion is a prerequisite for all advanced lifesaving awards. Students must be 13 years of age.

Bronze Cross

Is an advance training session for life savers who want the challenge in learning about becoming a lifesaving supervisor in aquatic facilities!

Prerequisites: 14 years of age, Bronze Medallion, Senior Resuscitation.

VOLUNTEERS

If you are 13 years of age or older and would like to assist with the summer recreation or pool programs or are interested in our lifeguard & sport instructor job shadowing program, please call Shauna Hewlett at 673–3439. Your assistance would be greatly appreciated.

